



Dear \_\_\_\_\_,

We would like to thank you for choosing Laurel Cosmetic and Plastic Surgery for your medical and surgical needs!

You are scheduled on \_\_\_\_/\_\_\_\_/\_\_\_\_\_ in the \_\_\_\_\_ office with Dr. LaBrasca for a panniculectomy evaluation. At your appointment, Dr. LaBrasca and his staff will be working to ensure that you meet the insurance requirements of medical necessity for this procedure.

In order for us to submit to your insurance for prior authorization, we will need specific pieces of documentation. When you come in for your appointment, please bring the following with you:

- Your Driver's License or Photo ID and insurance cards, along with a list of your current medications
- Your medical records from your Primary Care Physician that discusses your treatment; the insurance will want to see that you have tried other conservative methods for **three consecutive months** for relief before you asked for surgery. They are looking for things such as: Hot/cold therapy, creams and powders for related rashes, and over-the-counter or prescription pain medications. \*They will also want to see that your doctor has ruled out other causes for your pain.
- Any chiropractic or physical therapy records related to this problem, if you have seen either of these for treatment. A letter of medical necessity from your chiropractor is helpful if they have treated you for this issue.
- If you have **Highmark** insurance and you have had bariatric surgery, they will only authorize a panniculectomy if you are 12 months post-surgery.
- If you have **UPMC** insurance and you have had bariatric surgery, they will only authorize this if you are 18 months post-surgery.
- If you are a current active smoker, the insurance requires you to be enrolled (with proof) in a smoking cessation program before they will approve your authorization. Please bring the proof of enrollment in a program.
- A BMI of 35 or less**

We cannot submit to your insurance until we receive these documents, and you cannot be scheduled for surgery until we receive authorization from the insurance. Bringing these documents with you will help streamline your authorization process and get you closer to surgery more quickly. If you have any questions or concerns, please feel free to call our office at 814-849-6591 and we can help you.

Thank you for your cooperation, and we look forward to seeing you!

Sincerely,  
Laurel Cosmetic and Plastic Surgery